

# Table of Contents

Preface .....	1
1. Once Upon a Time .....	4
2. Have Questions? Here are Some Answers .....	8
What is the "God" in GodBumps .....	8
Is this a Bunch of Woo-Woo Stuff?.....	8
What are GodBumps .....	9
Are GodBumps the Same as Intuition? .....	10
When GodBumps Call, Do We Answer? .....	11
What Messages Do We Get?.....	12
What Will We Manifest? .....	14
Are All GodBumps the Same?.....	16
Are GodBumps ESP or Psychic Powers? .....	16
Are GodBumps Accurate? .....	18
Is There Any Scientific Basis?.....	20
What is the Purpose of GodBumps?.....	20
3. The Direct Link to the Spiritual World .....	22
The Five Senses of the Physical World.....	22
Linking to the Spiritual World.....	23
The Role of Meditation .....	23
The Two Worlds Meet.....	25
4. The Modes of God B-U-M-P-S .....	28
"B" is for Brightness & Color .....	29
"U" is for Utterances & Sounds.....	30
"M" is for Moods & Multi-Tactile Sensations .....	33
"P" is for Psychological & Physical Nudges .....	40
"S" is for Suffering and Pain .....	41
5. Levels of GodBumps .....	44

Resistance .....	45
Level Zero-Acknowledgement .....	46
Level One - Recognition.....	46
Level Two - Communicate.....	47
Level Three - Directing Operations .....	52
6. Do You Hear Me Now? Vibrational Alignment.....	58
What is Vibrational Alignment.....	59
Five Steps to Alignment .....	60
Aligning with our Environment .....	61
Aligning with our Body & Chakras .....	62
Aligning with our Emotional and Mental States .....	64
Aligning as Couples.....	65
Aligning with Spirit.....	66
7. The Divine Source of Light - DSL.....	69
How Do We keep the Portal Open?.....	70
Accelerating the DSL Process .....	71
8. Savoring GodBumps .....	74
9. Beyond Level Three .....	76
10. Afterthoughts or After Thought! ☺.....	82
The Traffic Signal of GodBumps.....	83
The Trust Factor.....	85
11.Reprise on Once Upon a Time .....	88
Appendix A - Our Stories.....	91
How the GodBumps Began for Davie .....	91
Joyce's Story of GodBumps .....	94
Appendix B - The Blank Survey .....	95
Appendix C - Actual Survey Samples .....	99
Level Two-Connie T., Oakhurst, CA.....	99
Level Two-Susan W., Campbell, CA .....	101

Level Three-Aaron D., Milwaukee, WI .....	103
Level Three-Henry W., San Jose, CA .....	105